

## **Bulletin Board**

Mail information to *The Message* at least 10 days in advance, *Bulletin Board*, P. O. Box 4169, Evansville, IN 47724-0169; e-mail to [message@evdio.org](mailto:message@evdio.org), fax to 812-424-0972.

### **CURRENT ONGOING EVENTS**

**'One Plus One' art exhibit**, through May 30, Saint Meinrad Archabbey Library Gallery, St. Meinrad; exhibit showcases the art of two friends, Benedictine Brother Martin Erspamer and Kazhia Kolb; open and free to the public; for library hours call 812-357-6401 or visit the Archabbey Library's website: [www.saintmeinrad.edu/libraryhours](http://www.saintmeinrad.edu/libraryhours).

### **FRIDAY, MAY 19, 2017**

**Catholic War Veterans of the USA National Founder's Day Commemoration**, 11:30 a.m., May 19, Town Square, Loogootee; Catholic War Veterans of the USA, Inc. within the state of Indiana, in the 82 year history of the CWV will be remembered and emulated; all are welcome; for more information contact George "Bud" Erler, Jr., Post Commander at [buderler@gmail.com](mailto:buderler@gmail.com).

### **SATURDAY, MAY 20, 2017**

**Oblates of the Sisters of St. Benedict of Ferdinand meeting**, 1-3 p.m., May 20, St. Gertrude hall, Monastery Immaculate Conception, Ferdinand; anyone who would like to become a more spiritual person is invited to attend and learn more about the Oblates; meeting topic is "Mary, All Ways" to be presented by Sister Betty Drewes, OSB; for more information, contact Sister Brenda Engleman, OSB, at 812-367-1411, ext. 2827, or email [bengleman@thedome.org](mailto:bengleman@thedome.org).

### **SUNDAY, MAY 28, 2017**

**Boots Mass**, 10 a.m., May 28, St. John the Evangelist Church, Daylight; please join us on Memorial Day weekend to remember the fallen and pray for peace.

### **MONDAY, MAY 29, 2017**

**Memorial Day Service**, 10 a.m., May 29, Mausoleum chapel, St. Joseph Catholic Cemetery, Evansville; please join us to honor deceased veterans and remember the gift of service they have given to our country.

### **WEDNESDAY, MAY 31, 2017**

**Become a Providence Associate**, application due May 31; open to women and men of faith who enter into a deeper relationship with the Sisters of Providence; if you feel you are being called, call Providence Associates Assistant Director Debbie Dillow at 317-250-3294 or email [ddillow@spsmw.org](mailto:ddillow@spsmw.org) to request an application.

**Picnic with the Bishop**, 4 p.m., May 31, St. John Parish, Daylight; anyone in high school or older welcome to attend; Mass, presentations by priests, religious brothers and sisters and lay church ministers, followed by supper and fun; contact your parish office if interested or email [vocations@evdio.org](mailto:vocations@evdio.org), or call Marilyn at 812-424-5536 for reservations.

### **THURSDAY, JUNE 1, 2017**

**National Association of Lay Ministry**, June 1-3, downtown Hyatt Regency, Indianapolis; theme is "Joy on the Journey: Serve. Collaborate. Dream"; conference offers Mass, workshops, exhibitors and time for prayer; for more information or to register visit [nalm.org/events/conferences/2017-conference/](http://nalm.org/events/conferences/2017-conference/).

## **FRIDAY, JUNE 2, 2017**

**Sisters of St. Benedict of Ferdinand Summer Social**, 5-10 p.m. June 2, , 8 a.m. - 10 p.m. June 3, Monastery Immaculate Conception, Ferdinand; concerts, color run on Sat., 35 booths, virtual almighty duck race, quilt raffle, grand raffle, Friday night fish fry, Saturday chicken dinners, bbq, bratwurst, hamburgers, pork chops, walking tacos, baked goods and much more; for more information visit [www.thedome.org/event/social](http://www.thedome.org/event/social) or call 812-367-1411.

**Evening of Adoration**, 7 p.m., June 2, Annunciation of the Lord Parish, Christ the King Church, Evansville; evening of adoration in celebration of the ordination to the Priesthood for Deacons John Pfister and Jerry Pratt; time to pray for Deacons John and Jerry as they prepare for ordination the following day; call for all people, especially the young, to recognize the presence of God among us and be aware of His invitation to a life of fulfillment in following His will; questions, please contact Matt Miller at [mmiller@evdio.org](mailto:mmiller@evdio.org) or 800-637-1731.

**Reitz Memorial Athletic Department Golf Scramble**, lunch at 11:15 a.m., start at 12 p.m., June 2, Cambridge Golf Club, Evansville; \$100 per player/\$400 per foursome includes green fees, cart, MHS polo and lunch; all proceeds benefit the 19 Varsity Sports at MHS; for more information or to register contact Charles Roberts at [charlesroberts@evdio.org](mailto:charlesroberts@evdio.org).

**Arts at the Mount yarn spinning weekend**, June 2-4, Mount Saint Joseph Conference and Retreat Center, Maple Mount, Ky.; workshops and relaxing time to work on yarn spinning, weaving, rug hooking, knitting and crocheting - all skill levels are welcome; for information on room rates or costs and to register, contact Kathy McCarty at 270-229-0206 or [kathy.mccarty@maplemount.org](mailto:kathy.mccarty@maplemount.org).

**Families Anonymous Annual Convention**, June 2-4, DoubleTree Hilton, downtown Evansville; workshops for family members or friends concerned about the use of drugs or related behavioral problems; more information and registration forms can be found at [faconvention.com](http://faconvention.com) or contact [17faconvention@gmail.com](mailto:17faconvention@gmail.com).

## **SATURDAY, JUNE 3, 2017**

**Diocesan Choir looking for volunteers**, 10 a.m., June 3, St. Benedict Cathedral, Evansville; join the Diocesan Choir as Deacon John Pfister and Deacon Jerry Pratt are ordained to the Sacred Order of Priesthood; choir is open to singers and instrumentalists from all the parishes (8th grade and older); ability to read music is helpful but not a requirement; practices will be held in the Cathedral School: 2-4:30 p.m., May 21, 2-4:30 p.m., May 28 and 6-7:30 p.m., May 30; contact Jeremy Korba at (812) 589-3886 or e-mail [jkorba@evdio.org](mailto:jkorba@evdio.org) with questions.

**5K Color Run**, 8 a.m., June 3, Kordes Hall, Sisters of St. Benedict, Ferdinand; Sisters of St. Benedict will host a 5K color run as part of the 150th anniversary summer social; run or walk, strictly for fun and not a timed event; for more information or to register go to [www.thedome.org/event/color-run](http://www.thedome.org/event/color-run).

**St. Wendel Men's Club Grillin' and Chillin' Outdoor Party**, St. Wendel Church Grounds, St. Wendel; 5K run starts at 8 a.m., kids dash starts at 7:40 a.m., registration begins 6 a.m.; parade starts at noon, registration at 10 a.m.; Cruise-In registration 3-7 p.m.; bratwurst, hamburgers, German bologna, smoked chicken, soft ice cream; for more information call parish office.

**Shrinestock at the Shrine**, Noon-6 p.m., June 3, Outdoor Amphitheatre, National Shrine of Our Lady of the Snows, Belleville, Ill.; fellowship, music, vendors, food, drinks, family fun activities; Mass at 5 p.m. followed

by blessing of motorcycles; all makes, models and faiths welcome; for more information contact 618-394-6420 or visit [www.snows.org/bikes](http://www.snows.org/bikes).

### **SUNDAY, JUNE 4, 2017**

**St. Joseph Strawberry Festival**, 11:30 a.m. - 3:30 p.m., June 4, Princeton, Indiana; BBQ dinner from 10:30 a.m.-12:30 p.m. in air-conditioned gym; Chinese auction, kid and adult games, hamburgers, hot dogs, chocolate-dipped strawberries, strawberry pie, basket raffle, half-pot, inflatables with water slides and lots more; for questions call the parish office at 812-385-2617.

### **TUESDAY, JUNE 6, 2017**

**Cultural Workshop**, June 6-8, Mount Saint Joseph and Retreat Center, Maple Mount, Ky.; workshop hosted by the Diocese of Owensboro addressing the challenges of evangelization in a multicultural church; cost is \$30; lodging is available at Mount St. Joseph Conference & Retreat Center for \$30/night; to register visit [owensborodiocese.org/bicmworkshop](http://owensborodiocese.org/bicmworkshop).

**Evening with an Ursuline dinner and presentation - Mandalas**, 5-6:30 p.m., June 6, Mount Saint Joseph Conference and Retreat Center, Maple Mount, Ky.; "Mandalas" will be presented by Ursuline Sister Ann McGrew; coloring mandalas is a form of active prayer; cost is \$20 and includes dinner; pre registration is required by contacting Kathy McCarty at 270-229-0206 or [kathy.mccarty@maplemount.org](mailto:kathy.mccarty@maplemount.org).

### **WEDNESDAY, JUNE 7, 2017**

**Standing Together to Prevent Falls**, 9 a.m.-2 p.m., June 7, St. Vincent Manor Auditorium, Evansville; free community event to help teach importance of proper nutrition, improving balance and coordination and home safety; registration is required and lunch will be served; please contact Mary Raley at 812-485-6827 to register or visit [StVincentSWIN.org/Classes](http://StVincentSWIN.org/Classes).

**Safe Sitter Classes**, 8:30 a.m.-3:30 p.m., students choose one date: June 7,8,13,14, or 26, St. Vincent Outreach Services, Evansville; hands-on class that teaches boys and girls ages 11 to 13 how to handle emergencies when caring for children; \$60 fee covers one-day program, student manual, messenger bag and supplies; students need to bring a sack lunch; class size limited and registration is required by calling 812-485-5607.

### **FRIDAY, JUNE 9, 2017**

**Rummage Sale**, 4-8 p.m., June 9, 7 a.m.-1 p.m., June 10, Resurrection Parish, school cafeteria, Evansville; early shopper charge June 9 of \$2 per adult; bag sale begins 11 a.m. on June 10; kuchens available for \$6; any questions please contact Jennifer Baumgart at 812-464-1027.

### **SATURDAY, JUNE 10, 2017**

**Rummage Sale**, 4-8 p.m., June 9, 7 a.m.-1 p.m., June 10, Resurrection Parish, school cafeteria, Evansville; early shopper charge June 9 of \$2 per adult; bag sale begins 11 a.m. on June 10; kuchens available for \$6; any questions please contact Jennifer Baumgart at 812-464-1027.

**Rebekah Shinabarger Scholarship Fund Sand Volleyball Tournament**, 8 a.m., June 10, Wesselman Park sand volleyball courts, Evansville; registrants can form teams of 10 or join individually and be matched with open teams; teams guaranteed two games of play; prizes awarded for best team uniform; \$15 per person registration includes a tournament t-shirt; registration is open at [StVincentSWIN.org/SandVolleyball](http://StVincentSWIN.org/SandVolleyball).

### **SUNDAY, JUNE 11, 2017**

**Private/Personal Retreat with the Sisters of St. Benedict**, 7 p.m., June 11 through 10 a.m., June 18, Benedictine Hospitality Center, Kordes hall, Monastery Immaculate Conception, Ferdinand; for those who like the retreat atmosphere of quiet, meals and prayer without a director; cost \$575, includes meals and private room; registration due by June 8; for more information or to register, call 800-880-2777, or visit [thedome.org/events](http://thedome.org/events).

**MONDAY, JUNE 12, 2017**

**Marian Educational Outreach “Tech it Easy” summer technology day camp**, June 12 – 13, Memorial High School Media Center, Evansville; available to any student experiencing any learning difficulties in grades 3-8 enrolled in Diocesan schools; technology devices and software will be provided; for questions and enrollment inquiries, please contact Beverly Williamson at 812-402-6700 ext. 2 or [bwilliamson@evdio.org](mailto:bwilliamson@evdio.org).

**TUESDAY, JUNE 13, 2017**

**Taizé Prayer Gathering**, 7-8 p.m., June 13, Church of the Immaculate Conception, Saint Mary-of-the Woods; 2017 gatherings will focus on “Praying for Peace in the world and in our hearts”; candlelight service includes prayer, music, time for silence, spoken and silent prayers; free to attend; for more information call 812-535-2952 or log on to [Taize.ProvCenter.org](http://Taize.ProvCenter.org). \_\_\_\_\_

**MONDAY, JUNE 19, 2017**

**St. James Parish Sr. Citizen trip**, seniors leave June 19 and return on June 20, St. James Parish, Haubstadt; join the St. James seniors as they travel via bus to visit the Ark Encounter in Williamstown, Ky. and the Creation Museum in Petersburg, Ky.; reservations are required and are due by June 12; if you have questions or need pricing and housing information, please contact Norma at 812-867-3036, or at 812-306-4098.

**SATURDAY, JUNE 24**

**2017 Tour de Fleur Garden Walk**, 9 a.m. - 4 p.m., Vanderburgh and Warrick Counties; admission tickets \$15 in advance, \$20 day of walk; for more information including location and ticket sales locations please call Karen Flittner at 812-853-0251 or [kflitt@aol.com](mailto:kflitt@aol.com), or Sandy Mehling at 812-853-6672 or [slmehling@wowway.com](mailto:slmehling@wowway.com).

**SUNDAY, JUNE 25, 2017**

**St. Vincent dePaul Quarterly Breakfast**, 8 a.m., June 25, Resurrection Catholic Church, Evansville; Bishop Charles C. Thompson and Father Kreilein will celebrate Mass at 8 a.m. and breakfast will follow in the cafeteria; Bishop Thompson will be the guest speaker and will speak on “Pope Francis’ Call for Outreach and the Place of St. Vincent dePaul in that Call”; all are welcome; please call in reservations to 812-423-7842 by June 19.

**MONDAY, OCTOBER 16, 2017**

**Spiritual Direction Training Program**, begins Oct 16, Mount Saint Joseph Conference and Retreat Center, Maple Mount, Ky.; applications are now being accepted for Spiritual Direction Training Program, a two-year program of four weekly training sessions each year to prepare participants for ministry of spiritual direction in the spirit of the Ursuline founder, Saint Angela Merici; registration deadline is Aug 31; scholarships available; for more information contact Sister Mary Matthias Ward at 270-229-0200 or [mary.ward@maplemount.org](mailto:mary.ward@maplemount.org).

**SAVE THE DATE:**

**July Summer Retreats for Women Religious**, July 16-21; Mount Saint Joseph Conference and Retreat Center, Maple Mount, Ky; “Mysticism of Desire: The Way of Spiritual Intimacy”; led by Father Daniel Renaud,

OMI; retreat fee is \$450 which includes accommodations, meals and program materials; commuters can attend for \$275. Contact Kathy McCarty at 270-229-0206 or email [kathy.mccarty@maplemount.org](mailto:kathy.mccarty@maplemount.org) for more information.

**TEC 98 (Teens Encounter Christ)**, July 21-24, 2017; TEC is a three-day experience for young people searching for goals, acceptance, meaning and community; you can find an application and more information at <http://www.switec.org>.

**Gather in Faith Women's Conference**, 8 a.m. -3:30 p.m., Sept. 16, St. John the Baptist Parish, Newburgh; Conference theme is "With Great Love"; keynote speaker Hallie Lord, author and radio host; breakout sessions; cost \$25 includes lunch, childcare available \$5 per child, \$15 family max; register online at [www.sjbnewburgh.org](http://www.sjbnewburgh.org) or contact Bethany Logan at [bpmjmd@yahoo.com](mailto:bpmjmd@yahoo.com).

**Catholic Charities Wisdom Days**, Dubois County (Huntingburg Event Center, Sept 18), Vincennes (Green Activities Center, Vincennes University, Sept 25) and Evansville (St. Vincent Evansville/St. Mary's Manor Auditorium, Oct 2); free and includes lunch, speakers, attendance prices and a visit from Bishop Charles Thompson; free-will offerings are appreciated; more details at [www.ccevansville.org/family-life.html](http://www.ccevansville.org/family-life.html).

**Ireland Pilgrimage**, Oct. 23 – Nov. 3, World Church Program, Saint Meinrad Seminary and School of Theology, St. Meinrad; Sr. Jeana Visel, OSB is inviting laity, religious, permanent deacons and priests to join her on a journey to learn more about the global Church; reservations are needed by June 1; for more information and pricing contact Sr. Jeana at [jvisel@saintmeinrad.edu](mailto:jvisel@saintmeinrad.edu).

**Italy Pilgrimage**, Oct. 23 - Nov. 3, Co-hosted by Bishop Charles C. Thompson and Father Joseph Ziliak, Diocese of Evansville; visit Rome, Orvieto, Florence, Assisi, Sorrento, Pompeii and Monte Cassino; all are welcome; for more information and pricing please contact Renee Werner at 812-424-5536 or [rwerner@evdio.org](mailto:rwerner@evdio.org), or Fr. Joseph Ziliak at 812-455-1119 or [ziliakjoseph@gmail.com](mailto:ziliakjoseph@gmail.com).

### WEEKLY/MONTHLY

#### SUNDAYS

**Good Shepherd Social Support Group**, noon, third Sunday of each month, Good Shepherd, Evansville; group for divorced or widowed; for information call 812-867-5790.

**Good Shepherd, Evansville Bingo**, every Sunday night; doors open 4:30 p.m., Bingo begins at 6:30 p.m.

**Mass for Deaf and Hard of Hearing**, 11 a.m., Sundays, St. John the Baptist, Newburgh; ASL interpreter and assisted listening devices available, for information contact Father Henry Kuykendall at 812-490-1000.

**Tour the Grotto**, 11 a.m.-2 p.m., Sundays, St. Boniface, Evansville; tours of the beautiful Our Lady of Lourdes Grotto; all are welcome; free and open to the public.

**Eucharistic Adoration**, 3-5 p.m., second Sunday each month, Motherhouse Chapel, Ursuline Sisters of Mount Saint Joseph (located 12 miles west of Owensboro, Ky.); adoration concludes with evening prayer.

**Monte Cassino pilgrimages**, 2 p.m., Sundays in May, Saint Meinrad Archabbey, St. Meinrad; for more information, call Mary Jeanne Schumacher during business hours at 812-357-6501 or call 812-357-6611 on the day of the event.

#### MONDAYS

**Christian Adults Staying Healthy (CASH)**, 8:30-10 a.m., Monday and/or Wednesday and/or Friday each week, St. Boniface Parish, Ryves Hall, St. Agnes Campus; doctor consent is required; drop in for healthy fun including aerobics, weights and stretches; all equipment provided; all are welcome, especially seniors; for

details, call Patti Grannan, 812-963-3541.

**St. Benedict Cathedral, Evansville Bingo**, every Monday night; doors open 5:30 p.m., early bird starts 6:30 p.m., and regular bingo starts 7 p.m.

**Survivors of Suicide** 6:30-8 p.m., first and third Monday of each month, Methodist Temple, Evansville; call for information, 812-426-2640; sponsored by Mental Health America.

**St. Anthony Low Impact Exercise Classes**, 1 p.m., Mon., Wed., and Fri., St. Anthony gym, Evansville.

**Flame of Love Rosary Prayer Group**, 10-11 a.m., Mondays, Holy Redeemer, Evansville; for information contact Mary Winnecke at 812-205-1112; everyone is welcome.

**Perinatal Loss Support Group**, 6:30-8 p.m., first Monday of each month, Pavilion Classroom, Memorial Hospital, Jasper; program to assist those who have experienced the loss of a child (conception to one month of age) through the grieving process and provide an atmosphere of confidentiality and comfort; for information visit [www.mhhcc.org](http://www.mhhcc.org) or call 812-996-0219.

**Bariatric Support Group**, 5:30 p.m., second Monday of each month, Medical Arts Conference Center, Jasper; free class for individuals who have had or who are considering weight loss surgery; for information visit [www.mhhcc.org](http://www.mhhcc.org) and click on "Classes & Events" or call 812-996-0185.

**"Your Health and Diabetes" Education**, 7-8 p.m., third Monday of each month, Memorial Hospital's Mary Potter Meeting Room, Jasper; support group provides knowledge to help you feel more secure, manage problems, and avoid hospitalization for diabetes-related issues. For more information, please contact 812-996-0521.

**Moving Meditation Class**, 9:30 -10:05 a.m., May 8, 15 and 22, St. Vincent Wellness Center at Epworth Crossing; enjoy creative gentle movement in a meditative setting to strengthen health; \$5 per class.

## **TUESDAYS**

**Zumba Class**, 6-7 p.m., every Tuesday and Thursday, Christ the King Gym, Evansville; all are welcome; \$3 per class.

**Mass for Peace**, 6 p.m., every Tuesday, Holy Rosary, Evansville, join the parish community for Mass for worldwide peace and for loved ones serving in the military.

**"Creating Hope,"** 5:30-7:30 p.m., first and second Tuesday of each month, Lange-Fuhs Cancer Center Conference Room located at the Dorbett Street entrance of Memorial Hospital, Jasper; Creating Hope uses creative expression as a coping mechanism for patients with cancer; sessions designed for cancer patients, their families and caregivers; art materials and instructional book are available at each session; for more information please visit [www.mhhcc.org](http://www.mhhcc.org) and click on "Classes & Events," or call 812-996-7488

**Good Shepherd, Evansville Bingo**, every Tuesday night; doors open 4:30 p.m., Bingo start at 6:30 p.m.

**Taizé Prayer Gathering**, 7-8 p.m., second Tuesday of each month, Church of the Immaculate Conception, Saint Mary-of-the Woods; candlelight service includes prayer, music, silence, spoken and silent prayers; free to attend; for information call 812-535-2926 or email [jmoon@spsmw.org](mailto:jmoon@spsmw.org).

**Man to Man Cancer Support Group**, 6:30-8 p.m., second Tuesday of each month, Evansville Cancer Center, Evansville; sessions are free; for information call 812-474-1110; sponsored by the American Cancer Society.

**Heart Fit: Food Matters to the Heart**, 12-12:30 p.m., Tuesdays, Oct 11 - Nov 1, Medical Arts Conference Center, Jasper; class offered to help improve cholesterol levels and blood pressure control through changes in the diet, pre-registration required; cost is \$20; For more information or to register please call 812-996-0521.

**Fit Over Fifty**, 8 a.m., Tuesdays and Fridays, St. John the Baptist School, Newburgh; fitness program designed for people 50+ includes aerobics, strength, flexibility, balance exercises; no cost, donations accepted; for information call the parish office at 812-490-1000.

**Community Senior Bingo and Mass**, breakfast buffet 9 a.m., bingo 9:30 a.m., Mass 11 a.m., third Tuesday of each month, University Nursing and Rehabilitation, Evansville; call 812-464-3607 to make a

reservation; free and open to all seniors.

**All Saints Parish Senior Citizen's Group**, 1-2:30 p.m., third Tuesday of each month Sept. through May, Center for Family Life cafeteria, St. Anthony Campus, Evansville; fun, dessert and bingo; questions call Sandy at 812-402-5041.

**Mending Hearts Pregnancy Loss Support Group**, 6:30-7:30 p.m., first Tuesday of each month, "Gift" Conference Room, St. Mary's Hospital for Women and Children, Evansville; facilitated by professionals in bereavement support to share thoughts and feelings in an atmosphere of acceptance and understanding; grandparents welcome; for information call 812-485-4204; resource material on perinatal bereavement available.

**Men's Cancer Support Group**, 5:30-6:30 p.m., second Tuesday of each month, St. Mary's Epworth Crossing Community Conference Room, Newburgh; for information, call 812-598-1720 or visit [stmarys.org/EpworthCrossing](http://stmarys.org/EpworthCrossing).

**60+ Clabber Group**, 1-4 p.m., every Tuesday and Thursday, Nativity cafeteria, Evansville; everyone is welcome.

**Transplant Support Group**, 6:30 p.m., first Tuesday of each month, St. Mary Center for Advanced Medicine, Evansville; for information, call 812-480-7013.

**Women's Cancer Support Group**, 6:30-8 p.m., third Tuesday each month, Lange-Fuhs Cancer Center, Memorial Hospital Dorbett Street entrance, Jasper; for women who have had cancer of any type or who are currently undergoing cancer treatment; Pre-registration is not necessary and there is no cost; for more information visit [www.mhhcc.org](http://www.mhhcc.org).

### **WEDNESDAYS**

**Lenten Lectures, Father Dilger**: Sunday Readings; Saints of the week; Church History. Resurrection School: Wed. 7 to 9 p.m., Mar. 1, 8, 15, 22, 29; Apr. 5, 12; tuition \$35.

**Alzheimer's Disease and Dementia Caregiver Support Group**, first Wednesday of each month, 6:30-8 p.m., Memorial Hospital, Board Conference Room A, Jasper; for more information please visit [www.mhhcc.org](http://www.mhhcc.org).

**Eucharistic Adoration**, second Wednesday of each month, 8 a.m-6 p.m., Good Shepherd, Evansville; everyone welcome.

**Christian Adults Staying Healthy (CASH)**, 8:30-10 a.m., Monday and/or Wednesday and/or Friday each week, St. Boniface Parish, Ryves Hall, St. Agnes Campus; doctor consent is required; drop in for healthy fun including aerobics, weights and stretches; all equipment provided; all are welcome, especially seniors; for details, call Patti Grannan, 812-963-3541.

**Anxiety/Obsessive Compulsive Disorder**, 7-8:30 p.m., first and third Wednesday of each month, , Deaconess Hospital Resource Center, Evansville; trained facilitator coordinates meetings which include sharing life experiences, education, advocacy and coping skills; for information call 812-426-2640; sponsored by Mental Health America.

**St. Anthony Low Impact Exercise Classes**, 1 p.m., Mon., Wed., and Fri., St. Anthony gym, Evansville.

**Weight Watchers**, weigh in 6:30 p.m., meeting starts 7 p.m. every Wednesday, Holy Redeemer, Evansville; for information contact Kristi at 812-453-8076.

**Cardiac Support Group**, noon-1 p.m., second Wednesday of March, June, Sept. and Dec., Cardiac Conference Room, St. Mary's Center for Advanced Medicine, Evansville; educational and emotional support to those diagnosed with heart disease and their families; activities include social gatherings, guest speakers and presentations; for information call 812-485-5230.

**Pulmonary Rehab Support Group**, noon-1 p.m., first Wednesday of every month quarterly in March, June, Sept. and Dec., Cardiac Conference room, St. Mary's Center for Advanced Medicine, Evansville; educational and social opportunities; activities include social gatherings, guest speakers and presentations; meetings are free and open to the public; for information call 812-485-5230.

**Samaritan/Lazarus Support Group**, 11:30 a.m., third Wednesday of each month, Nativity Church,

Evansville; support for the sick, their caregivers and bereaved, everyone welcome; for information call 812-476-7186.

**Stroke Support Group**, 10-11 a.m., fourth Wednesday of each month, St. Mary's Community Education Room, Washington Square Mall, Evansville; opportunity for stroke survivors, their families and caregivers, to gather socially and share topics of interest, concerns, victories; for information call 812-485-5607.

**Bipolar Support Group**, 7-8 p.m., first and third Wednesday of the month, Kempf Bi-Polar Wellness Center, St. Mary's Hospital Rehabilitation Institute Building, Evansville; free meeting for friends, family and/or people living with bipolar disorder; for information call 812-485-4934.

#### **THURSDAYS**

**Lenten Lectures, Father Dilger**: Sunday Readings; Saints of the week; Church History; Catholic Center: Thur. 9:30-11:30 a.m., Mar. 2, 9, 16, 23, 30; Apr. 6, 13; tuition \$35.

**Zumba Class**, 6-7 p.m., every Tuesday and Thursday, Christ the King Gym, Evansville; all are welcome; \$3 per class.

**Mother to Mother Group**, 9-11 a.m., first and third Thursday each month, St. John the Baptist, Newburgh; for mothers with children of all ages; meetings feature spiritual and practical topics; babysitting is provided.

**Grief Support Group**, first and third Thursday of each month, 6-7:30 p.m., Mental Health America, Evansville; monthly sessions are open to youth ages 9-17 who have experienced the death of a loved one; for information call Joe Gilreath at 812-426-2640.

**60+ Clabber Group**, 1-4 p.m., every Tuesday and Thursday, Nativity cafeteria, Evansville; everyone is welcome.

#### **FRIDAYS**

**Christian Adults Staying Healthy (CASH)**, 8:30-10 a.m., Monday and/or Wednesday and/or Friday each week, St. Boniface Parish, Ryves Hall, St. Agnes Campus; doctor consent is required; drop in for healthy fun including aerobics, weights and stretches; all equipment provided; all are welcome, especially seniors; for details, call Patti Grannan, 812-963-3541.

**St. Anthony Low Impact Exercise Classes**, 1 p.m., Mon., Wed., and Fri., St. Anthony gym, Evansville.

**Fit Over Fifty**, 8 a.m., Tuesdays and Fridays, St. John the Baptist School, Newburgh; fitness program designed for people 50+ includes aerobics, strength, flexibility, balance exercises; no cost, donations accepted; for information call the parish office at 812-490-1000.

**Eucharistic Adoration**, 3-5 p.m., Fridays, Motherhouse Chapel, Ursuline Sisters of Mount Saint Joseph (located 12 miles west of Owensboro, Ky.); adoration concludes with evening prayer.

#### **SATURDAYS**

**First Saturday Devotions**, 8-9 a.m., first Saturday of each month, St. Boniface Grotto, Evansville; all are welcome to attend.

**Morning Mass**, 7:30 a.m., each Saturday, St. Boniface Grotto, Evansville.

**Mass for Deaf and Hard of Hearing**, 5 p.m., Saturdays, St. Ferdinand, Ferdinand; interpreted Mass for the deaf and hard of hearing; for information contact Father Henry Kuykendall at 812-490-1000.

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**Ultreya Information**: Second Monday, 7 p.m., St. Joseph, Jasper; Fourth Monday, 7 p.m., Sts. Peter & Paul, Haubstadt; Fourth Tuesday, 7 p.m., St. Celestine, Celestine; First Thursday, 7 p.m., Our Lady of Hope, Washington; Second Thursday, 7 p.m., St. John the Baptist, Newburgh; Third Thursday, 7 p.m., Annunciation of the Lord, Evansville; Third Thursday, 7:30 p.m., St. Ferdinand, Ferdinand; Fourth Thursday, 7 p.m., Resurrection, Evansville.

**Memorial Hospital and Health Care Center Fitness Classes, Jasper**, for more information or to register for the classes, visit Memorial Hospital's website at [www.mhhcc.org](http://www.mhhcc.org) and click on "Classes and Events," or call the Health and Wellness staff at 812-996-2399.

**Change the Life you Live: Diabetes**, Classes offered on a continual basis; Medical Arts Building, Jasper; pre-registration and physician referral are required; participants are encouraged to bring spouse, friend, or family member; for more information call 812-996-0521.

**Mobile Digital Mammography**, St. Mary's West Side Connection, 2345 W. Franklin St., Evansville offers free screenings for those who qualify; for information/schedule a screening call 812-402-6001.

**Fertility Care Program**, private introductory and follow-up sessions that provide couples with details of natural family planning using The Creighton Model that follows the moral teachings of the Catholic Church; for information call 812-996-5232.

**Online Training for Various Classes offered by Memorial Hospital, Jasper**, visit [www.onlineAHA.org](http://www.onlineAHA.org) and select "Course Catalog" to view classes offered; for course details/evaluations, call 812-996-2311.

**Creating Hope for Cancer Patients**, 5:30-7:30 p.m., first and second Tuesday of each month; Lange-Fuhs Cancer Center Conference Room, Memorial Hospital, Jasper; using creative expression as a coping mechanism for cancer patients; sessions are free; call to register, 812-996-0626, or visit [www.mhhcc.org](http://www.mhhcc.org).

**Lifeline Medical Alert Assistance Services**, medical alert assistance service for those who wish to live independently while maintaining an immediate emergency link to Lifeline Systems Call Center; Lifetime has a one-time installation fee of \$50 and costs starting at \$39 per month after installation. Call 812-996-2399 for more information.

**Stroke Screenings**, Memorial Hospital, Jasper offers stroke screenings for individuals who are at risk for strokes; call 812-996-8550 for details/to schedule a screening.

**Catechism Classes for the Deaf**, Marge Luebbehusen, ASL Interpreter, offers catechism classes for any deaf person seeking to become Catholic or know more about the Catholic; also offering sign language classes; for more information contact Father Henry Kuykendall at 812-490-1000 or Marg Luebbehusen at 812-604-0246.

**Sisters of Providence "Retreats, Programs, Events and Opportunities 2016-2017 Booklet"**, booklet features events offered through Providence Spirituality and Conference Center and White Violet Center for Eco-Justice at Saint Mary-of-the-Woods; for information call 812-535-2952 or email [jfrost@spsmw.org](mailto:jfrost@spsmw.org).

**Personal Wellness Coaching**, Memorial Hospital, Jasper; confidential 6 or 12 week program scheduled at a convenient time for participant for those who are ready to make a positive change and improve overall health; for complete details call Health and Wellness Department, 812-996-2399.

**Alcoholics Anonymous**, Evansville area schedule and meeting locations, call 812-434-4952 or visit [www.southwesternindiana.org](http://www.southwesternindiana.org).